Room 5 Cooking and Kitchen Garden Program

This term in room 5 we have introduced ‘student of the week’ into our program. Every student in the class will take on this role once for the term. In this role students run circle time in the mornings, host assembly on Mondays, prepare an article for the school newsletter, and plan and shop for our weekly cooking session.

Having one student responsible for the cooking program each week, has allowed that student to be involved in researching recipes, writing a shopping list, and shopping for and purchasing ingredients. As a class we then go through receipts to compare the cost of eating out against growing and buying ingredients and cooking your own fresh meals.

With this program we have seen a great variety in our cooking menus and an increased sense of ownership and pride from the students. In cooking sessions, students work as a team to read and follow recipes, measure and prepare ingredients, cook the meals, and then clean up the kitchen. Some of the meals cooked this term include sushi, chicken parmigianas with vegetables, and the delicious homemade chicken and salad burgers cooked this week.  Therese Dalmau
Horse Riding at Nyora
This week's Award Winners

Room 1: Corey for completing all work tasks asked of him.

Room 2: Jake L. for being brave by getting straight into the water and trying to swim.

Room 3: Murray for having a go and doing his best around the animals at RDA.

Room 4: Lachlan for a great start to his new school.

Room 5: Jordan for being resilient and mature.
$19,241 raised so far

Next meeting: Monday 15th August, 2016 @ 10.30am at SGSS for a coffee and chat. New members needed. Please contact Jodie via the office if you are interested.

All Welcome

SOUTH GIPPSLAND SPECIALIST SCHOOL: BUS CHAPERONE/DRIVER
CONTACT INFORMATION UPDATED: 2015

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<thead>
<tr>
<th>BUS RUN</th>
<th>DRIVER</th>
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<tbody>
<tr>
<td>Cowes</td>
<td>Marina Allan</td>
<td>Narelle Linder, Mel Kalis</td>
<td>0458 372 569</td>
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<tr>
<td>Nyora</td>
<td>Robert Davey</td>
<td>Kaye Hillis</td>
<td>0417 161 287</td>
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<tr>
<td>Welshpool</td>
<td>Greg Caple</td>
<td>Helen Beasley</td>
<td>0407 405 580</td>
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<td>Taxi</td>
<td>Steven Tayler</td>
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Next weeks Award Winners

All parents and carers welcome

Room 1: Nethli for learning to share.
Room 2: Riley A. for great dancing during School Concert practice.
Room 3: Thomas J. for having a go at horse riding.
Room 4: Marcus for overcoming his fear of birds and holding a chicken for a photo shoot for Coast Magazine.
Room 5: Dan for a great effort in Concert practice.

NDIS Information Session brought to you by AMAZE Victoria

Wednesday September 7th, 2016 @ 1.45pm
Venue: South Gippsland Specialist School
Room 5 Sports Program

By Jordan Acquaro

On Mondays we have sport in the second session. For the past few weeks we have been doing circuit work in the school gym. We have been using lots of different equipment and doing many different activities including: hurdles, using hand weights and a medicine ball, dodging, jumping, somersaults, using exercise balls, and doing sit ups and burpees.

We take it in turns to do the circuit, being timed as we do each obstacle as fast as possible. We then have fun trying to beat our own time, and cheering each other on. The circuits combine strength, speed, coordination and agility.

When we finish the circuit we have some free time in the gym, people can chose to use this time by going on the treadmill, exercise bike, swing or massage chair, or doing somersaults and jumping tricks on the big crash mat. My favourite things to do in this time is jumping over equipment onto the crash mat, and running on the treadmill at the fastest speed.

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Book Week Dress Up Day

25th August, 2016 - Morning tea at 10.30am. All parents/carers are invited to come and join in the morning tea and to dress up and join in the parade.

Room 1 Book: Wombat Stew
Room 2 Book: The Bunyip Of Berkeley’s Creek
Room 3: Tomorrow When The War Began
Room 4: Dot & The Kangaroo
Room 5: Poems & Stories By Banjo Patterson
Dear Parents and Carers,

Horse Riding
Room 3 students had their second horse riding session this week and we have already seen our students moving through their fears with flying colours. Congratulations to Thomas who sat on a horse for the first time after an hour of negotiating. I was leading Liam around who went form saying “I think I am going to fall off” when he first got on, to “when can I ride on my own?” Well done Room 3 students.

Thank you to Lisa and Tona for volunteering. If anyone else would like to volunteer on a Tuesday from 9.30 – 1.30 please let me know.

Mobile Phones
Teachers have come to me this week saying that students have been using mobile phones in class and it is interrupting their learning. As of next week, all students with mobile phones will be asked to place then in a locked drawer in the classroom at the start of the day and they will be able to access them at recess and lunchtimes. If our students do not adhere to these new rules, then there may be stricter rules put in place down the track. I would appreciate if parents/carers could discuss this at home with their children.

School Concert
The annual School Concert is coming up so please make sure you pencil the 9th of September in your diaries. It is a great day where our students take centre stage and then enjoy a lunch with their families. This year’s theme is Australiana and we have a great show planned with a few celebrities showing their faces. All welcome.

Term 3 Events
In Term 3 we have a number of exciting events coming up.
August 25th - Book Week Dress Up Day - Australiana Theme
September 9th - School Concert followed by a light lunch.
September 16th - End of Term 3

Have a great weekend.

Heather Braden  Principal

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