

Graduation 2023



IMPORTANT DATES for Term 4 — 2023

Dec 18th /19th – Activities week

Dec 20th - End of Term 4. 2pm finish.

Parents and Friends Club

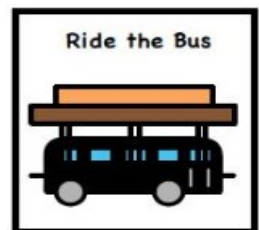
President: Michelle Boyle Secretary: Tona O'Connor
Treasurer: Jodie Lennon

A very big thank you to all who supported our fundraising efforts this year!

We wish you all a very happy and safe Christmas and look forward to 2024!

Thank you!

SOUTH GIPPSLAND SPECIALIST SCHOOL: BUS CHAPERONE/DRIVER CONTACT INFORMATION UPDATED: 2023



BUS RUN	DRIVER	CHAPERONE	CONTACT NUMBER
Korumburra	Alan McHeachern	Wendy Green	0417 161 287
Nyora	Leonie Somerville Smith	Kaz Dowling	0407 405 580
Welshpool	Greg Caple	Laura Rowe	0438 360 418
Taxi	Neil Green	Ellie Moriaty	0409 006 326

Fairy bread Christmas crackers

Ingredients

- 6 Arnott's Salada Original crackers
- 125g salted butter, chopped
- 160g (1 cup, lightly packed) brown sugar
- 2 x 180g white chocolate block, melted
- 1 tbsp hundreds and thousands
- 2 tbsp rainbow star sprinkles
- 3 1/2 tsp sea salt flakes

Method

1. Preheat oven to 180C/160C fan-forced. Line a 20 x 30cm slice pan with baking paper, allowing the paper to overhang the 2 long sides. Arrange crackers in a single layer over base of prepared pan, trimming to fit.
2. Place sugar and butter in a small saucepan over medium heat. Cook, stirring, until butter melts and mixture is smooth. Bring to the boil. Cook, stirring, for 30 seconds or until thickened. Remove from heat.
3. Pour sugar mixture evenly over crackers. Bake for 5 minutes or until sugar mixture is bubbling.
4. Pour the white chocolate over the sugar mixture. Use a palette knife to smooth the surface. Scatter over hundreds and thousands and sprinkles. Sprinkle with sea salt flakes. Set aside for 2 hours or until set. Break into pieces to serve.



Token Winners!



Well done to token winners Julia, Liam, Coby, Jagger, Kaiden T, Xander, James, Aylah, Ryder, Damien, Kaiden T and Robert.



Award Winners

Week 10 Award Winners

Room 1: Indianna for being friendly to others and helping with assembly.

Room 2: Declan for his incredible participation in Circle Time.

Room 3: Ayden for doing so well on our Humanities Treasure Hunt.

Room 4: Aylah for always trying her best.

Room 7: Anthony E for always being respectful.

Room 8: Jacob for helping with the towels.

Room 9: Michaela for volunteering her time to help others.



Award Winners

Week 11 Award Winners

Room 1: Coby for sitting and listening during circle time.

Room 2: Robert for always making everyone smile.

Room 3: No award.

Room 4: Zarisha for listening really well in circle time.

Room 7: Wyatt for consistent contributions in class.

Room 8: Zeerus for excellent writing in his journal.

Room 9: Julia for guiding and supporting others with their learning.



CELEBRATION DAY



“ Thank you very much for teaching me strategies to help me cope. I have hope that I can grow to be a better role model now for my children.”

– Tuning in to Teens participant

“ Our home now has calmer, happier kids with less meltdowns! Thank you for [teaching me] all the wonderful tools to help me connect with and coach my kids.”

– Tuning in to Kids participant



Berry Street is proud to deliver



In partnership with



For more information

E. TuningInToKids_Teens@berrystreet.org.au

T. (03) 5134 5971

W. berrystreet.org.au/tuning-in-to-kids-and-teens or scan the QR code below



To access a Victorian Aboriginal Child Care Agency (VACCA) facilitated program, please contact VACCA on (03) 5135 6055.



Berry Street respectfully acknowledges the traditional custodians of the lands, skies and waterways of Australia.



Berry Street is committed to the principles of social justice. We support LGBTIQ+ communities and celebrates diversity.

Models are used in our images to protect the identities of the children, young people and families we work with.



Believing in Children, Young People, Families & Their Future.



Tuning in to Kids and Teens
Inner Gippsland

Emotion-focused group parenting programs



About Tuning in to Kids and Teens

Tuning in to Kids* and Tuning in to Teens™ are evidence-based parenting programs that focus on the emotional connection between parents and carers and their children, from pre-schoolers to teenagers.

The emotion-focused group parenting programs have proven success in improving:

- parenting
- parent-child relationships
- children's emotional competence and behaviour.

The programs were developed at Mindful - Centre for Training and Research in Developmental Health, The University of Melbourne and are delivered in partnership with Berry Street, Mindful and VACCA.

What do the programs offer?

Tuning in to Kids and Teens provide parents and carers with skills in emotion coaching, which is about recognising, understanding and managing their own and their children's emotions. When children develop these emotional skills, they are better able to negotiate the ups and downs of life.

Through group work, the program supports parents and carers to:

- be better at talking with and understanding their children
- develop new skills to achieve their personal and family goals
- help their children to learn to manage their emotions and develop their emotional intelligence
- prevent behaviour problems in their children
- teach their children how to deal with conflict.

How it works

The programs are run in small groups both online and in person during the school term. Parents and carers participate in a weekly two-hour session for 6-7 weeks.

Tuning in to Kids and Teens facilitators engage with participants through direct teaching, demonstration, small group activities, role play and group discussion.

The coaching also incorporates self-care and mindfulness activities. All families will be provided with resources on child or adolescent development, and the changes and challenges that each age and stage bring to family life.

Who is eligible?

The programs are available free of charge to families and carers in Inner Gippsland who have children aged 3 to 10 years old (Tuning in to Kids) or adolescents aged 11 to 17 years old (Tuning in to Teens).

We welcome referrals from all child, family, community, health and education services. Self-referrals are also welcome from parents and foster and kinship carers.

To register your interest in the program, please visit berrystreet.org.au/tuning-in-to-kids-and-teens or scan the QR code





TheirCare
Where Kids love to be!

Leongatha Primary South Gippsland Specialist Schools

Social, enjoyable
& fun experiences
for children

Develop creativity, life
skills & confidence
through play

Qualified, caring &
engaged staff

Exciting &
thoughtfully
developed programs

Healthy & Yummy
food provided
each day

Bookings now open!

	Monday - Friday Hours of Operation	Fees before Child Care Subsidy*	Out-of-pocket fees after Child Care Subsidy**
Before School Care (BSC)	7:00 AM to 8:45 AM	\$20.81	\$2.08
After School Care (ASC)	3:00 PM to 6:00 PM	\$28.47	\$2.85
Pupil Free Day	7:00 AM to 6:00 PM	\$71.18	\$7.12
Holiday Program***	7:00 AM to 6:00 PM	\$71.18	\$7.12

*Standard fee costs *before* Child Care Subsidy / ** Standard fee costs *after* maximum Child Care Subsidy / *** Standard fee costs *excluding* incursions/excursions

Cancellation Fees

(No Child Care Subsidy applied to Cancellation Fees)

BSC/ASC within **24 hours** of session start time: **\$4.00**

Holiday Program within **5 days** of session start time: **\$10.00**

Same day cancellation fee is out-of-pocket session fee.

Late Booking Fees

(Child Care Subsidy is applied to Late Booking Fees)

BSC/ASC within **24 hours** of session start time: **\$4.00**

Holiday Program: book less than **5 days** from
the session start time fee is **\$10.00**

Late Pick-up Fees

(Child Care subsidy does not apply to Late Pick-up Fees)

\$1 per minute after service close time.



Service Phone Number:
0484 511 552

Your service Coordinator will be
available during session times.

Save up
to **90%** With
the Child Care
Subsidy!



To register visit theircare.com.au

TheirCare support team is available between 6.30am - 9pm weekdays (Eastern Standard Time)
on **1300 072 410** or Info@theircare.com.au



Parenting Anxious Kids

Are you parenting young children who are displaying signs of anxiety which impact daily routines? Would you like to develop some strategies that may help, and have some time for you to find peer support in your struggles.

Parenting anxious kids discusses:

- Recognising the signs of anxiety
- How this triggers parents and how to care for yourself.
- How to respond when your child gets overwhelmed?
- Help your child to regulate their emotions?
- Support your child with their challenges?
- Support the wider family and yourself

Please note these are interactive sessions and will not be recorded



Venue: South Gippsland Specialist School
13 Horn St
Leongatha

Dates: Thursdays 15th February - 7th March

Time: 10:00am - 12:00pm

Cost: FREE

Register: scan the QR code, follow the MS forms link
<https://forms.office.com/r/cRFvfgxg4f>

OR contact

Parentzone.Gippsland@anglicarevic.org.au

P: (03) 5135 9555

PARENTZONE

Words From The Office



Dear Parents/Carers

Well another year down and boy what a big one it was. A big thank you to all our families and carers who have worked with us all year to support our students to achieve their goals. Our very dedicated staff are heading off for a well earned break to recharge their batteries ready for another busy year in 2024. Next year will look very different for us while our rebuild takes place. The new front entrance and administration area will begin over the holidays. Students coming in via the school bus service will be picked up and dropped off on Horn street.

GOODBYE

We are saying goodbye to Room 2 teacher Catherine Murray who has taken up a position at Bass Coast College. We wish her all the best. We will be doing interviews over the break so we will let you know next term who the new teacher will be.

HELLO

We have 12 new students coming next year.

Room 1 has John, Amy, Zaiden, Bailey, Elijah, Ryder, Mason.

Room 3 has Riley and Haylee

Room 7 has Aiden and Rowan

Room 9 has Natasha. We look forward to working with them next year.

THANKYOU

A big thank you to our school council members and the parents and friends club. Your amazing dedication to our wonderful school is very much appreciated. We hope that next year there will be more families wishing to support this small but hardworking group.

On behalf of South Gippsland Specialist School we wish you all a safe and happy Christmas and enjoy spending time with family and friends.

HAVE A GREAT BREAK



Heather Braden
Principal

Tania Pell
Assistant Principal



TOGETHER WE GROW

STAY SAFE AND HEALTHY